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*Head Chef: Cathal Cunningham*

Welcome to the Anchor Bar Complex. Established in 1898 the Anchor is one of the oldest Public Houses in the area and has a fine tradition of warm friendly service and excellent locally sourced cuisine. The Anchor was one of the founding members of the Strands Good Food Collective and is highly recommended by Taste of Ulster in 2008 & 2009. We would be pleased to be advised of your comments on your experience here and invite you to complete a comment card during your time here. Enjoy!

## **Bar Snacks Menu**

### **Soup of the Day £2.50**

Chef's daily soup served with a warm roll and butter

### **Freshly Made Sandwiches £2.95**

(Choice of 2 fillings) served with white or brown bread

### **Anchor Combo Platter £4.95**

Breaded Brie, stuffed mushrooms, crispy chicken wings & potato skins served with garlic & BBQ dip

### **Burger £4.95**

6oz Prime North Irish Beef, with crisp lettuce, and choice of:

- Traditional - with bacon and cheese
- Peppered - with a pepper cream sauce
- Chillied - with Jalapeno chillies and salsa

### **BBQ Chicken Burger £4.95**

Fresh fillet of North Antrim Chicken topped with bacon, BBQ sauce and melted Coleraine cheddar

### **BLT £4.95**

Traditional club sandwich with bacon, lettuce, tomato, onion & mayo

### **Chefs Daily Specials**

Please check our specials board or ask our staff for today's selection and price.

\* Please turn over for a range of more substantial lunchtime meals

• **Some of our dishes may contain traces of nuts, seeds, flour & wheat. If you have an allergy please speak to your server for alternative ingredients.**

• **Where possible we use quality local produce in all our dishes**

### **Thai Green Chicken Curry £5.95**

Chunks of fresh North Antrim Chicken, bound in a mild Thai green curry sauce, served with naan bread

### **Peppered Steak £6.95**

Northern Irish steak strips pan-fried coated in creamy pepper sauce served on a freshly baked garlic ciabatta

### **Rib Eye Steak £7.95**

Prime North Irish rib steak, cooked to your degree with grilled mushroom and tomato

### **Chicken Goujons £5.45**

Fresh North Antrim Chicken strips, breaded & deep fried, served with a choice of Thai/sweet chilli or sour cream

### **Beef Enchilada £6.25**

Strips of beef pan fried in Mexican spices, peppers & onions served in a soft tortilla wrap with salsa & cheese

### **Honey Chilli Chicken £6.25**

Fresh plump North Antrim Chicken strips lightly battered, served with peppers and onions in a honey chilli sauce

### **Uncle Jimmy's Chicken £5.95**

Spiced chicken breast grilled, served sauté onions & peppers with a bell pepper sauce

### **Pork & Leek Sausage £5.45**

Prize winning succulent sausages served with creamy champ & onion gravy

### **Steak & Guinness Pie £5.75**

Marinated North Irish prime Steak pieces cooked in our homemade stout gravy with vegetables & topped with puff pastry

### **Chilli Chicken Pasta £6.95**

Penne pasta & Fresh North Antrim chicken strips bound in a chilli cream sauce

### **Lasagne £5.50**

Fresh homemade Anchor style lean mince Lasagne served with salad garni

### **Oven Baked Fish £7.50**

Seasonal catch served with sliced baby boiled potatoes & broccoli in a herb cream sauce

### **Stir Fry Vegetable Tortilla Basket £5.25**

Fresh selection of market vegetables, stir fried in a tomato & basil sauce served in a tortilla basket served with sour cream

### **Side Orders £2.50 each**

Chips / Garlic Fries / Creamy mash / Sour cream & chilli Fries / Champ / Tossed Salad  
French Fried Onions / Rice / Salt & Chilli Fries

- **Side Orders Are Not Included In Main Course Price**